

THE EASTER TRIDUUM

Lent exists so that we can prepare ourselves for the Easter Triduum. *“Triduum”* comes from a Latin word meaning “three days.” The three-day observance begins with the Mass of the Lord’s Supper in the evening of Holy Thursday, reaches its high point in the Easter Vigil and ends with evening prayers on Easter Sunday. One twenty-four hour is just not enough time to truly experience and celebrate this tremendous mystery. The solemn liturgies of the Triduum are the most important liturgies of the Church year. These liturgies teach us the meaning of Christ’s life, death, and resurrection. The richness of the symbols and rituals help us to experience the mysteries of Jesus’ final hours, His passion, suffering -- and His rising from the dead. In a special way, during these three days, we come together as the people of God to remember the saving act of Jesus, the miracle of His resurrection – and to celebrate our faith and identity as Christians. Because Christ was willing to die for our sins and was raised from the dead, death is no longer the end of life for us. It is the beginning of a NEW LIFE in Him.

HOLY THURSDAY

The Evening Mass of the Lord’s Supper Includes the washing of feet.

We watch as Jesus shares His last Passover meal with His friends.

We hear Jesus giving us the Sacrament of the Eucharist.

He tells us, “Do this in memory of me.”

The washing of the feet is a sign and symbol of the service we are called to live.

The Mass of the Lord’s Supper ends in silence with a closing procession of the Blessed Sacrament to the altar of repose.

We are all invited to spend some time with Jesus,

to “keep watch” with Christ, in the Garden of Gethsemane, in adoration of the Blessed Sacrament, as we prepare for Good Friday.

GOOD FRIDAY

It is a day of quiet fasting and mourning.

It includes: the reading of the Passion of Jesus.

We stand as the Passion is proclaimed.

We listen and remember again how Jesus suffered and died for our sins.

Then, we participate in the Adoration of the Cross.

The Cross is the means of our salvation.

We come forward;

we kneel before it and kiss it as a sign of our love and penitence.

We receive our crucified Lord in Holy Communion.

We leave in silence.

EASTER VIGIL

It is the high point of the Easter Triduum celebrating the Passion and Resurrection of Jesus.

It includes: blessing the new fire, lighting of the paschal candle and singing alleluias, The Easter Proclamation, and Initiation of Catechumens and candidates through Holy Baptism, Holy Confirmation and First Holy Communion. The Risen Lord comes to us in his Body and Blood. We are an Easter people and “alleluia” is our song!

These “Three Days” remind us of death and rebirth.

They are the holiest and most important days of celebration in the Catholic Church!

During these three days, we focus on a momentous event, the Passover of the Lord - our Easter.

Sacred Heart, Berkhamsted & Corpus Christi, Tring



HOLY WEEK & EASTER 2018

Schedule of Services for Holy Week

| | | |
|-----------------|-----------------------|--|
| 19 March | | Lenten Reconciliation Service |
| 7.30pm | Sacred Heart | Reconciliation Service with Visiting Priests |
| 24 March | | PALM SUNDAY with Blessing of Palms |
| 5.15pm | Corpus Christi | Confessions |
| 6.00pm | Corpus Christi | Palm Sunday of the Passion of the Lord |
| 25 March | | |
| 8.30am | Sacred Heart | Palm Sunday of the Passion of the Lord |
| 10.15am | Sacred Heart | Palm Sunday of the Passion of the Lord |
| *12.15pm | Corpus Christi | Palm Sunday of the Passion of the Lord |
| 26 March | | Monday of Holy Week |
| 10.00am | Corpus Christi | Mass |
| 27 March | | Tuesday of Holy Week |
| *8.30am | Sacred Heart | Mass |
| 12.00pm | | Chrism Mass at Westminster Cathedral |
| 28 March | | Wednesday of Holy Week |
| 10.00am | Sacred Heart | Liturgy of the Word |

THE PASCHAL TRIDUUM BEGINS

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|-----------------|-----------------------|---|
| 29 March | | MAUNDY THURSDAY |
| 6.30pm | Corpus Christi | Confessions |
| 7.30pm | Corpus Christi | EVENING MASS OF THE LORD'S SUPPER watch at the Altar of Repose until 11pm |
| 10.50pm | Corpus Christi | Night Prayer |
| 30 March | | GOOD FRIDAY |
| 11.00am | Sacred Heart | Children's Stations of the Cross |
| 3.00pm | Sacred Heart | THE CELEBRATION OF THE PASSION OF THE LORD |
| 7.30pm | Corpus Christi | Stations of the Cross |
| 31 March | | HOLY SATURDAY |
| 11.00am | Sacred Heart | Morning Prayer |
| 8.00pm | Sacred Heart | THE EASTER VIGIL IN THE HOLY NIGHT |
| 1 April | | EASTER SUNDAY OF THE RESURRECTION |
| *10.00am | Sacred Heart | Mass |
| 12.00pm | Corpus Christi | Mass |
| | | Monday 2nd April—Thursday 5th April No Mass |
| 6 April | | |
| 10.00am | Sacred Heart | Mass |